

Activity: Establishing a Rehab Area

Purpose: The purpose of this activity is to give participants an opportunity to think about how they would establish a rehab area. This is an activity for the whole class.

Time: 25 minutes

Instructions:

1. Refer participants to the worksheet in the Participant Manual.
2. Explain that you will read each of the scenarios. As a group, participants will discuss responses to each of the questions. Participants can record the responses on the worksheet if they want.

Debrief:

Remind participants that where and how you set up the rehab area depends on the incident, the weather, and the surrounding area.

Ask if there are any questions about the rehab area and how to set it up.

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Instructions: The instructor will read each scenario. As a group, you will discuss responses to each of the questions.

Scenario #1:

A single-family home in a suburban neighborhood is on fire. Houses in this neighborhood are about 50 feet apart. There are no driveways. The house is near the intersection with another quiet street. The temperature is in the 50s.

What do you need to consider when looking for a rehab area location?

- *Access to fireground*
- *Far enough to be away from smoke*
- *Street can be blocked off easily but there can be access for EMS*

What kind of facility might be available?

- *Sidewalk or front yard of another house*
- *Street*
- *Under tree*
- *Somebody's porch*

What supplies will you need?

- *Seating*
- *Tarps*
- *Water*
- *Sports drinks*
- *Food*
- *Hand washing equipment (may be able to get a hose)*
- *Portable toilets (unless neighbor has one that can be easily accessed)*

Scenario #2:

Several floors of a six-story apartment building are on fire. The building is between two moderately busy four-lane roads in a mixed commercial and residential area. It is a hot and humid day.

What do you need to consider when looking for a rehab area location?

- *Access to fireground*
- *Need shade and the coolest place possible*
- *Accessible to EMS*
- *Far enough to be away from smoke*
- *Large enough for several crews*
- *May need at least two rehab areas, one on each street*

What kind of facility might be available?

- *Parking garage*
- *Store with air conditioning*
- *Lobby of another high-rise*

What supplies will you need?

- *Tarps*
- *Water*
- *Sports drinks*
- *Food*
- *Hand washing equipment*
- *Misting machines or fans*
- *Forearm immersion equipment*
- *Portable toilets (unless able to have access to one at commercial establishment)*

Scenario #3:

A tanker truck and several cars have crashed on an interstate highway in a fairly rural area. It is a windy day – steady at 25 mph from the southwest. The temperature is in the 40s. The tanker contents are unknown.

What do you need to consider when looking for a rehab area location?

- *Access to fireground*
- *Should be on western side of crash (depending on location of exits, this may not be accessible to EMS)*
- *Large enough for several crews*
- *Protection from wind, smoke, and possible fumes*

What kind of facility might be available?

- *Tent*
- *Bus*

What supplies will you need?

- *Seating*
- *Tarps*
- *Water*
- *Sports drinks*
- *Food*
- *Hand washing equipment*
- *Portable toilets*
- *Dry gloves, socks, and sweatshirts*

Scenario #4:

There is a fire in a free standing shopping mall surrounded by parking lots. The fire is in the northeast corner, involving three stores. The temperature is in the upper 20s. Light snow and sleet are falling.

What do you need to consider when looking for a rehab area location?

- *Access to fireground*
- *Protection from snow/sleet and from cold*
- *Accessible to EMS*
- *Far enough to be away from smoke*
- *Large enough for several crews*
- *May need several rehab areas, depending on how fire can be accessed*

What kind of facility might be available?

- *Vehicle in parking lot*
- *Interior area of mall, near exit (to get to EMS)*

What supplies will you need?

- *Seating*
- *Tarps*
- *Water*
- *Sports drinks*
- *Food*
- *Hand washing equipment*
- *Blankets, heaters*
- *Dry gloves, socks, and sweatshirts*
- *Portable toilets (unless able to have access to one at mall)*

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What do you need to consider when looking for a rehab area location?

What kind of facility might be available?

What supplies will you need?

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What kind of facility might be available?

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